Mini-Series: Own Your Selection Process

Episode 6:

PSYCHOMETRIC ASSESSMENTS





In this episode we will be focusing on...



01

PSYCHOMETRIC ASSESSMENTS: What are they?

02

PSYCHOMETRIC ASSESSMENTS: Types 03

PSYCHOMETRIC ASSESSMENTS: How to prepare?







Psychometric Assessments: WHAT ARE THEY?

• An assessment used to assess the abilities and character of candidates in a measurable and standardized way.

What do they assess?

TRAITS & BEHAVIOURS

How you relate to others

How you handle stressful situations

Your leadership style or preference.

How you deal with emotion (your own and others)

How you apply your skills

How you retain & deal with complex information



- Timed survey or test.
- Online or in-person
- To verify your skills & personality = FIT for the role & company.
- These assessments are usually considered together with your CV, Cover Letter, Interview, and References.
- Personality profiling used to identify fit but NOT the sole indicator of success.

Psychometric Assessments: TYPES

Aptitude

- Assess potential & current ability what you are capable of learning & what your natural strengths are.
- Test your verbal & non-verbal communication, numerical & problem-solving abilities or logic.
- Timed Multiple-Choice, Online or In-Person.



Situation Judgement Tests

- Assess ability & approach to problem-solving and decision-making.
- Multiple Choice given a description of typical work-related scenarios and a several response options.
- Gives the employer insight into your behavioural approach to situations that may arise in the job.



Personality

- Analyses how you handle different situations, make decisions and work with people.
- Be yourself, don't overthink no right or wrong!
- Never solely determines success for the role, but gives further insight.





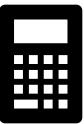


Psychometric Assessments: How to Prepare?

Ensure that you Prepare mentally have all that's to be under time Be well rested. required – e.g. stationery, pressure. calculator etc.













Psychometric Assessments: How to approach them?

Confidence & Authenticity

Read each question carefully & only answer once ques is understood.

Speed vs Accuracy Stick to the instructions.

Stuck? Move on. Don't overthink.

Focus on your own assessment.

BREATHE!

















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